

Pl	Bib	Name	Distance	Category	Result	Finish
1	302	Arnold Modderman	10 kilometer	Heren 40-	00:36:08	00:36:08
2	301	Erik Deenen	10 kilometer	Heren 40-	00:36:13	00:36:13
3	356	Mark Kerssies	10 kilometer	Heren 40+	00:41:55	00:41:55
4	361	Fjodor van der Sluijs	10 kilometer	Heren 40+	00:42:00	00:42:00
5	365	Bennie Wiegman	10 kilometer	Heren 40+	00:42:16	00:42:16
6	375	Jan Barkhof	10 kilometer	Heren 40+	00:42:42	00:42:42
7	370	Bart van der Kolk	10 kilometer	Heren 40+	00:43:04	00:43:04
8	314	Henk Oldenhinkel	10 kilometer	Heren 40+	00:44:38	00:44:38
9	351	Pim Geurken	10 kilometer	Heren 40+	00:44:39	00:44:39
10	369	Jirtsin Beenhakker	10 kilometer	Heren 40+	00:45:36	00:45:36
11	371	Hans Hollander	10 kilometer	Heren 40+	00:46:27	00:46:27
12	352	Rene Noordegraaf	10 kilometer	Heren 40+	00:46:47	00:46:47
13	372	Arno Brandsma	10 kilometer	Heren 40+	00:47:00	00:47:00
14	374	Geert Aardems	10 kilometer	Heren 40+	00:48:18	00:48:18
15	364	Garmt Borchman	10 kilometer	Heren 40+	00:48:47	00:48:47
16	373	J van Egten	10 kilometer	Heren 40+	00:50:45	00:50:45
17	368	m van Dalflen	10 kilometer	Heren 40+	00:51:27	00:51:27
18	354	Egbert Geertsma	10 kilometer	Heren 40+	00:52:38	00:52:38
19	363	Teun Huijvenhoven	10 kilometer	Heren 40+	00:52:40	00:52:40
20	353	Harry Becker	10 kilometer	Heren 40+	00:53:03	00:53:03
21	313	Henny Berends	10 kilometer	Heren 40+	00:53:48	00:53:48
22	360	Erik Stam	10 kilometer	Heren 40+	00:54:16	00:54:16
23	359	Teun Grit	10 kilometer	Heren 40+	00:55:46	00:55:46
24	362	Richard van der Veldt	10 kilometer	Heren 40+	00:55:47	00:55:47
25	366	Deelnemer Heemskek	10 kilometer	Heren 40+	00:57:43	00:57:43
26	367	Martin Kok	10 kilometer	Heren 40+	00:58:07	00:58:07
27	315	Karst Schonewille	10 kilometer	Heren 40+	01:01:11	01:01:11
28	357	Gerrit Harmsen	10 kilometer	Heren 40+	01:07:13	01:07:13