

Pl	Bib	Name	Distance	Category	Result	Finish
1	10	Ilona Stille	5 kilometer	Dames 40-	00:21:01	00:21:01
2	56	Desiree Winterwerp	5 kilometer	Dames 40+	00:23:47	00:23:47
3	11	Nicole Kapar	5 kilometer	Dames 40-	00:24:52	00:24:52
4	8	Anneke Ausma	5 kilometer	Dames 40-	00:25:05	00:25:05
5	7	Nanda de Vries	5 kilometer	Dames 40-	00:26:28	00:26:28
6	6	Eka Rabbers	5 kilometer	Dames 40-	00:27:31	00:27:31
7	55	Antje Scheper	5 kilometer	Dames 40+	00:28:36	00:28:36
8	58	H Dijk	5 kilometer	Dames 40+	00:29:44	00:29:44
9	9	Karin Koops	5 kilometer	Dames 40-	00:30:40	00:30:40
10	51	Kirsten Boerema	5 kilometer	Dames 40+	00:31:02	00:31:02
11	13	Dorien de Jong	5 kilometer	Dames 40-	00:32:07	00:32:07
12	12	Ellen Boer	5 kilometer	Dames 40-	00:32:26	00:32:26
13	52	Mignon Noordegraaf	5 kilometer	Dames 40+	00:32:42	00:32:42
14	59	Jeannet Hemstede	5 kilometer	Dames 40+	00:33:13	00:33:13
15	3	Renate Beuving	5 kilometer	Dames 40-	00:33:21	00:33:21
16	53	Annie van Ramshorst	5 kilometer	Dames 40+	00:34:46	00:34:46
17	5	Karlijn Christiaans	5 kilometer	Dames 40-	00:37:38	00:37:38
18	57	Mirjam Zantingh	5 kilometer	Dames 40+	00:38:29	00:38:29