

Pl	Bib	Name	Distance	Category	Result	Finish
1	165	Robert Beute	5 kilometer	Heren 40+	00:17:48	00:17:48
2	101	Jeroen-Pieter vd Vliet	5 kilometer	Heren 40-	00:18:53	00:18:53
3	103	Tijmen van der Kolk	5 kilometer	Heren 40-	00:19:15	00:19:15
4	163	Jappie Doller	5 kilometer	Heren 40+	00:19:30	00:19:30
5	161	Nico de Jong	5 kilometer	Heren 40+	00:20:11	00:20:11
6	104	Roy Grotentraast	5 kilometer	Heren 40-	00:20:22	00:20:22
7	102	Roy Moes	5 kilometer	Heren 40-	00:22:30	00:22:30
8	160	Willem Koops	5 kilometer	Heren 40+	00:23:07	00:23:07
9	105	Gerhard Stegehuis	5 kilometer	Heren 40-	00:23:43	00:23:43
10	157	Marcel Folkerts	5 kilometer	Heren 40+	00:25:02	00:25:02
11	166	Koos Kip	5 kilometer	Heren 40+	00:26:47	00:26:47
12	154	Joop Bakker	5 kilometer	Heren 40+	00:27:56	00:27:56
13	156	Siepko scheper	5 kilometer	Heren 40+	00:28:36	00:28:36
14	158	Gerard Kort	5 kilometer	Heren 40+	00:29:23	00:29:23
15	159	Frans Scheuneman	5 kilometer	Heren 40+	00:30:18	00:30:18
16	164	Jan-Bert Bontius	5 kilometer	Heren 40+	00:30:50	00:30:50
17	162	Wout Kok	5 kilometer	Heren 40+	00:30:52	00:30:52
18	153	Niek Wolthers	5 kilometer	Heren 40+	00:30:53	00:30:53
19	155	Gerrit Lahuis	5 kilometer	Heren 40+	00:31:04	00:31:04
20	152	Dolf Dekker	5 kilometer	Heren 40+	00:31:17	00:31:17
21	151	Wim Christiaans	5 kilometer	Heren 40+	00:34:28	00:34:28