

Pl	Bib	Name	Distance	Category	Result	Finish
1	302	Arnold Modderman	10 kilometer	Heren 40-	00:36:08	00:36:08
2	301	Erik Deenen	10 kilometer	Heren 40-	00:36:13	00:36:13
3	356	Mark Kerssies	10 kilometer	Heren 40+	00:41:55	00:41:55
4	361	Fjodor van der Sluijs	10 kilometer	Heren 40+	00:42:00	00:42:00
5	365	Bennie Wiegman	10 kilometer	Heren 40+	00:42:16	00:42:16
6	375	Jan Barkhof	10 kilometer	Heren 40+	00:42:42	00:42:42
7	370	Bart van der Kolk	10 kilometer	Heren 40+	00:43:04	00:43:04
8	314	Henk Oldenhinkel	10 kilometer	Heren 40+	00:44:38	00:44:38
9	351	Pim Geurken	10 kilometer	Heren 40+	00:44:39	00:44:39
10	257	Bertha Bruggenkamp	10 kilometer	Dames 40+	00:44:46	00:44:46
11	369	Jirtsin Beenhakker	10 kilometer	Heren 40+	00:45:36	00:45:36
12	204	Eline Zomer	10 kilometer	Dames 40-	00:45:48	00:45:48
13	202	Jantine Geurken	10 kilometer	Dames 40-	00:46:06	00:46:06
14	371	Hans Hollander	10 kilometer	Heren 40+	00:46:27	00:46:27
15	352	Rene Noordegraaf	10 kilometer	Heren 40+	00:46:47	00:46:47
16	372	Arno Brandsma	10 kilometer	Heren 40+	00:47:00	00:47:00
17	374	Geert Aardems	10 kilometer	Heren 40+	00:48:18	00:48:18
18	364	Garnt Borchman	10 kilometer	Heren 40+	00:48:47	00:48:47
19	373	J van Egten	10 kilometer	Heren 40+	00:50:45	00:50:45
20	368	m van Dalfsen	10 kilometer	Heren 40+	00:51:27	00:51:27
21	208	Claudia Booiman	10 kilometer	Dames 40-	00:52:09	00:52:09
22	354	Egbert Geertsma	10 kilometer	Heren 40+	00:52:38	00:52:38
23	363	Teun Huijvenhoven	10 kilometer	Heren 40+	00:52:40	00:52:40
24	353	Harry Becker	10 kilometer	Heren 40+	00:53:03	00:53:03
25	313	Henny Berends	10 kilometer	Heren 40+	00:53:48	00:53:48
26	360	Erik Stam	10 kilometer	Heren 40+	00:54:16	00:54:16
27	255	Ronneke van der Molen	10 kilometer	Dames 40+	00:55:10	00:55:10
28	359	Teun Grit	10 kilometer	Heren 40+	00:55:46	00:55:46
29	362	Richard van der Veldt	10 kilometer	Heren 40+	00:55:47	00:55:47
30	262	Hettie van Burg	10 kilometer	Dames 40+	00:56:17	00:56:17
31	256	Erna Daling	10 kilometer	Dames 40+	00:56:23	00:56:23
32	366	Deelnemer Heemskek	10 kilometer	Heren 40+	00:57:43	00:57:43
33	209	Lise Russcher	10 kilometer	Dames 40-	00:57:44	00:57:44
34	367	Martin Kok	10 kilometer	Heren 40+	00:58:07	00:58:07
35	210	Roel Boer	10 kilometer	Dames 40-	00:59:28	00:59:28
36	259	Annie Kort	10 kilometer	Dames 40+	00:59:52	00:59:52
37	254	Supattra Wilamas	10 kilometer	Dames 40+	00:59:54	00:59:54
38	315	Karst Schonewille	10 kilometer	Heren 40+	01:01:11	01:01:11
39	258	Dineke Boltjes- Glave	10 kilometer	Dames 40+	01:01:29	01:01:29
40	253	Jeannette Naber	10 kilometer	Dames 40+	01:01:29	01:01:29
41	207	Sandra van Diemen	10 kilometer	Dames 40-	01:01:30	01:01:30
42	203	Kim van der Veen	10 kilometer	Dames 40-	01:01:45	01:01:45
43	261	Willemien Runia	10 kilometer	Dames 40+	01:02:31	01:02:31
44	205	Ank Siebring	10 kilometer	Dames 40-	01:02:35	01:02:35
45	260	Thea Hendrikse	10 kilometer	Dames 40+	01:03:41	01:03:41
46	357	Gerrit Harmsen	10 kilometer	Heren 40+	01:07:13	01:07:13
47	206	Boonyaruk Boonthawee	10 kilometer	Dames 40-	01:09:41	01:09:41
48	201	Fleur Souari	10 kilometer	Dames 40-	01:09:47	01:09:47
49	251	Anneke Bos	10 kilometer	Dames 40+	01:13:08	01:13:08

50 252 Janke Jellema

10 kilometer Dames 40+ 01:18:24 01:18:24